

Monday

Starter & Main Course

Leek and Potato Soup
Katsu Chicken
Sausage Casserole
Quorn fillet

Accompaniments
Fresh Vegetables and
Potatoes

Jacket Potato Bar
Selection of fillings

Deli Bar
Selection of Sandwiches
and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Tuesday

Starter & Main Course

Tomato Soup
Chicken Shawarma
Beef meatballs
Falafels

Accompaniments
Fresh Vegetables and
Potatoes

Jacket Potato Bar
Selection of fillings

Deli Bar
Selection of Sandwiches
and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Wednesday

Starter & Main Course

Vegetable Soup
Beef Lasagne
Gammon
Vegetable Lasagne

Accompaniments
Fresh Vegetables and Potatoes

Jacket Potato Bar
Selection of fillings

Deli Bar
Selection of Sandwiches and
Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Thursday

Starter & Main Course

Carrot and Sweet Potato
Soup
Gravy Chicken Pie
Moussaka
Vegetable Pie

Accompaniments
Fresh Vegetables and
Potatoes

Jacket Potato Bar
Selection of fillings

Deli Bar
Selection of Sandwiches
and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Friday

Starter & Main Course

Tomato Soup
MSC Oven Baked Fish
MSC Breaded Pollock
Beefburger
QuornBurger

Accompaniments
Chipped Potatoes
Garden Peas

Jacket Potato Bar
Selection of fillings

Deli Bar
Selection of Sandwiches
and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Monday

Starter & Main Course

Minestrone Soup
Beef Chili
Ham Carbonara
Tomato Pasta

Accompaniments
Fresh Vegetables and Potatoes

Jacket Potato Bar
Selection of Fillings

Deli Bar
Selection of Sandwiches and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Tuesday

Starter & Main Course

Leek and Potato Soup
Chicken Curry
Beef Bourguignon
Vegetable Curry

Accompaniments
Fresh Vegetables and Potatoes

Jacket Potato Bar
Selection of Fillings

Deli Bar
Selection of Sandwiches and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Wednesday

Starter & Main Course

Butternut Squash Soup
Roast Pork
Cottage Pie
Vegetable Cottage Pie

Accompaniments
Fresh Vegetables and Potatoes

Jacket Potato Bar
Selection of Fillings

Deli Bar
Selection of Sandwiches and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Thursday

Starter & Main Course

Vegetable Soup
Spanish Chicken
Cheesy Chorizo Pasta
Mac n Cheese

Accompaniments
Fresh Vegetables and Potatoes

Jacket Potato Bar
Selection of Fillings

Deli Bar
Selection of Sandwiches and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit

Friday

Starter & Main Course

Tomato Soup
Oven Baked Fish
Oven Baked Breaded Pollock
Hot Dog
Quorn Sausage

Accompaniments
Chipped Potatoes and Peas

Jacket Potato Bar
Selection of Fillings

Deli Bar
Selection of Sandwiches and Wraps

Salad Bar
Selection of Fresh Salads

Dessert
Hot Dessert
Fresh Fruit Pot/Yogurt
Selection of cold dessert
Selection of Fresh Fruit



TC Lunch Menu Rota Autumn Term 2026



Week One

Monday 7th September 2026

Monday 28th September 2026

Monday 2nd November 2026

Monday 23rd November 2026

Monday 14th December 2026

Week Two

Monday 14th September 2026

Monday 5th October 2026

Monday 9th November 2026

Monday 30th November

Week Three

Monday 21st September

Monday 12th October 2026

Monday 16th November 2026

Monday 7th December 2026

Theme Days

Wednesday 30th September Mexican Wednesday 18th November Greek

Wednesday 14th October Italian Wednesday 16th December
Christmas Lunch

