



Tettenhall College

Forest School

*To nature and nurture*

Forest School has a learner-centred approach which interweaves with the ever-changing moods and marvels of the natural world through each season. Every Forest School session is an exciting discovery for children, and each session is unique, though our Forest School programme has a common set of principles aimed at ensuring all learners experience the cumulative and lasting benefits that quality Forest School offers.

Eager forest pupils explore and discover and are entitled to experience appropriate risks and challenges through initiative to develop their own learning, resulting in a strong, positive relationship with the natural world.



# Principles

Forest School is timetabled at least fortnightly and takes place in our own woodland to support the development of a relationship between the learner and the natural world.

Forest School uses a range of learner-centred processes to create a community for being, development and learning.

Forest School aims to promote the holistic development of all those involved, fostering resilient, confident, independent and creative learners.

# History

'Frulitsliv', the open air culture in Denmark, is seen as a way of life in Scandinavia and permeates early years education. A UK team of nursery nurses were so enthused by this outdoor pedagogy that they started their own 'Forest School'.

After successful trials, the idea began to blossom across the country, and this network identified key features of Forest School including:

- The programme should be run by qualified level 3 practitioners
- It's a long term process with regular contact with a local woodland
- It follows a child-centred pedagogy where children learn about and manage risk
- Has a high adult to child ratio and care for the natural world and adhering to risks appropriation



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